



Engagement for a new ecology
of Man and Nature.



*Life is sacred.
Let's take care of it.*

www.essenia-europe.org

The Essenia Foundation is an international charity organization
recognized by the Canadian government.

Essenia (from Aramean esse: I am, being, and nia: knowledge)
Self knowledge; to know one's inner being; the study, the science of being,
of what is essential in every living being.

The Essenia Foundation is a charity organization recognized by the Canadian government. Its objectives are :

- to promote a new ecology of Man and Nature
- to take care of the Common Good and of Life in all its manifestations
- to cultivate and protect Wisdom
- to propose a powerful and durable alternative to the multiple limitations of the modern world
- to protect the treasures of Nature.
- to show through real actions that another quality of life is possible.

The Essenia Foundation is built around the strong values of respect for Life and respect for the Sacred. It wants to reinforce these values by the means of real actions.

To deepen and to reinforce this work all over the world, regional and national antennas like Essenia Europe are created and each day more good intentions are being mobilized.

Let everybody wake up to see their own true talents and the treasures that Nature offers. Let's give meaning back to our lives.

Get involved!





- 4 • Another view of the world.
- 5 • Our engagement.
- 6 • What we really do
to defend the Common Good.
- 8 • Our practical trainings
for a new art of living.
- 10 • Where to start?
- 12 • Contact us
and support our actions.



Every day children die in armed conflicts. Animal species disappear, forests are destroyed. The air becomes unbreathable. Old people die in isolation. The values of respect, sacred, responsibility have completely lost their meaning.

The wisdom of the people disappears. At the dawning of the third millennium a world without soul comes into being.

Hundreds of courageous NGOs work hard and try in vain to erase the consequences of this ecological global disaster.

But man makes the Earth sick because he lives cut from his soul, from wisdom, unconsciously. Man distorts nature instead of taking care of it.

He cuts the limb that he sits on, and destroys the earth that gives him life.

600 years before Christ, the Essenes, also called the Therapists, fathers of modern ecology, already warned mankind about pollution when this actually had not yet touched the Earth. They spoke about the pollution of thoughts, feelings and the soul.

Today the Essenia Foundation, international charity organization, stands up to preserve this ancient universal wisdom and to make it work on earth for a new ecology and a new art of living.

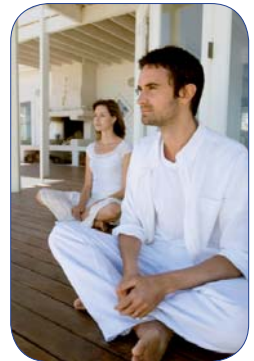
■ To preserve the world patrimony of Wisdom.

This is a richness, a treasure on which depends the future of humanity. Without wisdom we are on the road to destruction. The most beautiful and the most certain way to protect this living richness is not to lock it up in a museum or in a safe but to let it be alive, make it accessible for everybody, diffuse it in every language and every country.



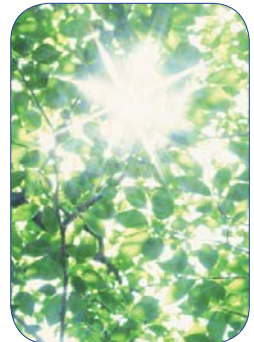
■ To promote the awakening of consciences.

Conscience is the key for change that the world needs now. Being conscious of the self, of its thoughts and actions, towards the others, and living nature. To open up to the superior global intelligence that is bigger than man and that creates and harmonizes the world. To develop, through education, a state of consciousness to take care of the essential and the sacred in our life. To find back the meaning of respect, of gratitude, wonder, humility and mutual support.



■ To install a new Ecology.

Man has to live on Earth with nature not against it. Ecology must not be relegated to an ideology, or be blocked within political activity. It also has to develop a cultural, social, economic and spiritual dimension. It is a global art of living, in harmony with all the living beings on Earth, solidarity, a way of being together.



WHAT WE ACTUALLY DO TO DEFEND THE COMMON GOOD



Taking care of Wisdom

The Fund to Support Editing

A book can change a man, a man can change the world.

We preserve the planetary heritage of Wisdom by translating, editing and diffusing all over the world works of Essene wisdom, making them available for everyone.



Taking care of the Sacred

The Circle of the Archangels ®

A unique work for humanity meant to cherish the essence of life: studying and respecting the laws that govern the universe, preserving the 4 elements that we are made off, that offer life to us, protecting all the living reigns.

Taking care of those precious values in our lives like friendship, harmony, beauty, joy, integrity, gentleness, lightness, loyalty...

This work is made possible by the support of the great majority and the engagement of active members who follow a more profound training in Essenian Wisdom.



Taking care of Nature

The Essene Villages ®

We develop unique places to live, so that a different way of being in the world can be realized, in harmony with oneself, with the others, with nature and with all the dimensions of life, economy, family, culture, spirit.



What the Essenia Foundation wants is to give everybody to help themselves in order to help the world. Support and discover simple reflexes to develop in daily life for the

Taking care of our subtle atmosphere

«40 mountaintops for a pure ether»



To climb the highest mountains in the world following a unique knowledge, coming from thousands of years of Essene tradition; we want to purify and to enlighten our common atmosphere, today completely saturated by electrical, chemical, magnetic, spiritual and mental pollution.

The ascent of some for the well-being of all.

Taking care of Peace

The School of Peace



Educational activities, a concrete and continual practice to educate towards peace. Peace comes from the inside and cannot be found or negotiated on the outside. Peaceful men will create a peaceful world. Peace cannot be imposed by a treaty. It is the fruit of consciousness, of a human state of being.

Taking care of our thoughts

Awareness campaigns to open consciences up



A website, newsletters, articles and publications, to formulate another view on the world and actuality. Essene points of view that can wake up consciousness, especially where it concerns human responsibility for the social and ecological situation of the world. May people understand and get into action.

the means to become again the actor of their own life, take part in our activities. Follow our training programs; benefit of all.

For those who understand that **the state of the world depends on the state of each individual**, the Essenia Foundation opens a way of training and transformation.

Simple and proven methods

Our trainings and practical methods are unique tools and actual ways that make a person capable to take his life in hand.

To make your life meaningful, to direct all of your strength to achieve an objective, to balance all the aspects of your life, in relation with yourself, with others, with the world that surrounds us.



To awaken your consciousness does not mean an extra weight but truly is a relief, a new comprehension, obviousness.

By offering everyone the means to work on one's life, we together actively contribute to improve the future of humanity and of the earth.

Major training axes

- Tools and practices to live daily with real wisdom.
- To know and to understand the Laws that govern nature and the universe in order to learn how to use and respect them.
- To take care: to become therapists, like mothers for others and for the earth.
- To orientate one's life and one's work towards the true fulfilment of an ideal.
- To develop concentration, commitment, determination, judgement, humility, courage in one's life and one's actions.
- To bring back meaning in human life, respecting values and traditions, behaving responsibly, for a durable balance between all the living kingdoms.

The Essenia Foundation permanently proposes and develops complete and unique training programs for those who wish to commit themselves to a road of real study and practice. These programs are open to everybody and based upon learning and practising the essene wisdom in all the aspects of human life such as economy, family, work and health.



① Correspondence courses The Contemporary Essene School ®

- A very complete program to obtain basic principles and techniques of essene wisdom.
- Meant to develop proper judgement in your life, verify everything yourself.
- Courses on paper and through multimedia.
- Thematic or step-by-step progress.
- Accompanied and followed by specialized teachers.



② The Circle of the Archangels ®: A complete and global ecological method

- A very concrete approach of living Ecology, based on the knowledge of the 4 elements and fair exchanges with all the living kingdoms of Nature.
- A lively experience of wisdom, a new art of living.
- 12 months (4 modules of 3 months): Fire, Water, Air, Earth.
- 4 meetings in the year and group works.
- 1 daily exercise to do at home.
- Numerous services of accompaniment and mutual assistance.



③ Deepening training programs

Only in Essene Institutes and Villages.

- Formation of the 4 bodies - 4 times one week.
- To receive the Name of one's Soul and understand the meaning of one's life.
- Initiation into Wisdom - during one week.
- Formation of the 5 senses - 5 times one week.
- Formation of the 6 moons - 6 months

For more details please contact us.

Whatever your participation is, please note that it matters to us and that it has its importance. The smallest conscious step on this road is more valuable than a thousand steps on a road of unconsciousness. So get going!

To know more: _____

- Visit our website www.essenia-europe.org
- Ask for specific information about our actions and trainings.
- Subscribe for free newsletter by email.

To join our next meeting: _____

- Just ask for documentation.

Donations to support our activities: _____

- Your precious help will participate in the material realization of our activities. Your participation enables you to contribute to a grand work.

Become a member of Essenia Europe: _____

- **Supportive member:** you will be regularly informed about our activities, about actualities of the Essenia Foundation in the world, about new projects that keep blooming.
- **Become a volunteer** and offer your talents and competences to a work that serves us all.
- **Active member:** when you participate in our training programs you really reinforce our activities, you allow the essene wisdom to live and to evolve into daily life.

If you feel concerned
Take your life in hand.

Because if you do not stand up,
who will do so in your place?



The Essenia Foundation is not into power games or protest movements. The Essene tradition has been on earth for thousands of years, peacefully alive through quiet and conscious activities.

We want our voice to be heard and achieve beneficial works in a democratic world for what seems to us to be the well-being of both present and future generations.

CONTACT US AND SUPPORT OUR ACTIONS

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